

The following list illustrates, in brief, the CAS Project each DP2 student is most proud of at Deledda International School. (Compiled as a CAS Check in November 2016. Mark Ebury CAS Coordinator)

## Best CAS Projects to date: DIS Students DP2 2016/17

### **School of Peace where I helped disadvantaged kids to do their homework**

#### **First AID at Croce Blu di Castelletto**

**Emozioni Giocate ONLUS is an organization of volunteers in order to help children who suffered from mental illnesses such as down syndrome. Volunteers follow the leader's instruction to persuade children on doing specific activities which may be helpful in everyday life.**

**Every Friday afternoon I have spent two hours helping children suffering from mental illnesses. I was a volunteer for the theatre activities and I followed Irene's instructions (the leader of the theatre group). The leader and the volunteers' main goals are to have an enjoyable moment with these children and to do activities which can be helpful for their everyday life, e.g. facial expressions.**

#### **CROCE BIANCA EXPERIENCE.**

**In this cas project i work as a third rescuer in Croce Bianca. My job is to help the first and second rescuers with cots and wheelchairs.**

**I enjoy this project because as my dream is to become a doctor, this experience allows me to understand the atmosphere of a doctors life**

**I worked for 50 hours for the Newton Compton publishing house. My job was to read new books and write a review about them, in order to decide, together with other reviews, if the story was worth to be published or not. The review I had to write had to contain some defined characteristics: the plot, strength and weaknesses, what could be done better,**

**ITALIAN LESSONS TO FOREIGN STUDENTS (25 hours, Service) Completed**

**Last year there were two foreign students, Jaime (from Denmark) and Attalay (from Turkey). CAS VIDEO MAKER ( 16 hours, Creativity and Service) Completed**

### **Helping at the Catch up club of Math**

**Helping out at the sailing courses at the sailing club in Sori  
Improvisational Theatre and FULGIS presentation  
School of Peace  
Theatre Group**

**project that shows perseverance is the School of Peace since it was every Friday from October to March.**

**soccer training, ambulance and beach and park cleaning.**

**As a second CAS project I did the Barrili experience in which we had to look after elementary school kids every Friday. The kids were often agitated but in the end we had fun and had the opportunity to help them to improve their English.**

**This summer and the past summer I did some art and fashion courses at the Central Saint Martins institute in London. This experience involved initiative, patience, creativity and collaboration with my classmates. These courses were very useful to prepare and understand how to apply to university**

### **Beach Cleaning project**

**6 months. volunteering period in the association Gigi Ghirotti**

**I performed different "jobs", the first one that I was able to try was the assembling of small bags of medical devices used by doctors in home visits to patients. These are small bags are composed by different medical devices such as: needles, syringes, gauzes, swabs, bionectors etc...**

**The second task I faced was about the marking of medicinal that were excessive for the association, that by the Christmas holidays, were sent to another association called Music for peace that delivered them to underdeveloped countries such as Africa.**

**Barilli project and the theatre group.**

**My CAS project which is still going on is the Bottle caps collection one**

**elderly care facility (CAS Project)**

**[Associazione "Il porto dei piccoli ONLUS"](#)**

**For my CAS Project I have attended for the association of "Il porto dei piccolo" ONLUS. In order to be a volunteer in this association I had to follow a course which included going to Gaslini with a supervisor in order to learn how to interact with the children, and then I had the possibility to work with children who have to face bad illnesses. The association works in Gaslini, at the homes of these children (since some of them have to follow a strict therapy) and out in Genoa (collaborating with the Comando Generale della Guardia Costiera and with the Marina Militare Italiana).**

**Moreover, the first time I went to Gaslini I was a little bit touched by the experience since there were some children who, though facing bad diseases, showed a powerful hope and were willing to play with us as much as they could.**

**Summer camp in the mountain with children**

- Working experience in London at Armani's**
- Tennis Course (Perseverance)**
- Barrili school (little project)**

**Prom and Barili.**

**Law Firm assistant**

- 1) Barilli**
- 2) School of peace**

**In the historical centre (Vico Canneto il Lungo), the Community of Sant'Egidio runs a service called School of Peace, where children of primary school age are helped with their school work and get involved in activities promoting solidarity. The main goal is to create a family-like environment where children learn to be open to people of all kinds and overcome social barriers and discrimination.**

**I went every Saturday morning for two hours for almost two months to entertain elderly people in an hospice in Recco.**

**The second CAS project that I carried out last year was the PROM organization**

**For the next three months I intend to do the AVO course which lasts for one month, so that I will be able to go and work in “Le Clarisse”, which is a retirement home with elderly people, the majority of which suffer from memory and cognitive problems. I would work next to a psychologist and with her, organize activities that stimulate the cognitive part of the brain of these people.**

**Porto dei piccoli activity: 10 hours helping children of gaslini  
Barilli**

**Summary:**

**For the following months I have assisted students from Barrili elementary school helping them with their English. This opportunity allowed me to come in contact with elementary students who do not speak English. In this way I tried to assist them, help them with their homework and sometimes guide them. I also understood how lucky I am to study in an International school and benefit of speaking English fluently**

**Lifeguard saving pool course**

**Summary: During these two months I have assisted, together with some of my swimming teammates, for two hours a week a lifeguard swimming pool course. The 7th of April I passed the exam**

**These are: Barrili school, Prom, and British Heart Foundation volunteering.**